



## **GREENLIGHT OPERATION'S RESTORATION HOME REFERRAL GUIDE FOR PARTICIPANTS**

### **Is the restoration home right for me?**

It can be a confusing and scary process to commit to something that is unfamiliar, so we want to help you better understand Greenlight Operation's Restoration Home and our restorative care program. This referral guide will answer questions you may have and will hopefully help you decide if this program is for you. Whatever you decide, we want what is best and safest for you!

Our restoration home provides housing for 12-18 months to female survivors of sex trafficking. Our home can provide spacious accommodation for up to six women at a time.

Services include, but are not limited to:

- Trauma-informed therapy
- Licensed counseling
- Individualized case management
- Life skills coaching
- Job readiness training
- Medical and dental care
- Substance abuse recovery programs
- Ongoing education
- Nutrition and dietetics coaching
- Financial literacy courses
- Access to employment

Please note that the restoration home is not equipped to serve as short-term housing, crisis care, or a detox facility. It is a voluntary rehabilitative program that specializes in care for women who have been sex trafficked. We know that healing takes time, as does regaining independence. This is why our program is 12-18 months, as we are focused on supporting participants in building a foundation of health that will sustain freedom and independence. Upon completing our restorative care programming, graduates will have access to a continuum of care through our community partners to ensure their long-term success.

Greenlight Operation is a Christian nonprofit, and our restorative care program is Christ-centered. While we are a Christian agency, we do not require our participants to be of any faith, nor do we force participants to practice our faith. You may hear staff pray or communicate about our beliefs, but as a participant, we will not force you to do the same. You may be invited to attend church services or participate in a Bible studies, but these are optional activities and not requirements to successfully graduate from our program.

Our restoration home is a safe place where you are not rushed to heal, but are given the time and space to process what you have experienced, and surrounded by a community of trained staff and volunteers who will support you throughout your healing journey as you setup a healthy foundation for independence.

### **Restorative Home Criteria:**

- Participation in the restorative care programming is **mandatory** to reside at the restoration home, so you must be willing and able to actively participate and engage in the programming.
- Must be biologically female, identify as female, and at least 18-years of age.
- Cannot have physical custody of any minors unless other arrangements have been made for those minors for placement outside of Greenlight Operation's Restoration Home.

- Must be clean from any illegal or recreational use of drugs and/or alcohol. If you have a history of drug or alcohol use, you must notify the Greenlight Operation Restorative Care Team and you must be at least 90-days clean and sober before entering the program
  - Special considerations may be made on a case-by-case basis if not clean and sober at least 90-days. This will depend on professional recommendations to our program and additional support in place.
  - You cannot be currently prescribed any narcotic medications.
- Understand that the program is a Christian and Christ-centered program. You do not have to identify as a Christian to be in the program. However, please expect to see evidence of the Christian faith throughout the programming and be respectful of it.
- Willing to respect the other participants, staff, and volunteers. You will also be treated with respect.

**If you have answered yes to those criteria, please proceed.**

If you have answered “no” to those criteria, we wish you the best success in your journey, but recognize that currently, our program is not the right one for you.

### **What is the Restorative Care Team?**

- At the Greenlight Operation Restoration Home, we believe it is important to build healthy relationships with others, and we do this through our Restorative Care Team. The Restorative Care Team consists of a group of women who are both staff and volunteers who have been carefully selected and trained to support survivors of human trafficking in their healing journey. Their various giftings are used to support participants in our restorative care program, and advance Greenlight Operation’s mission forward.

- Everyone on our Restorative Care Team has a purpose and possesses gifts of hope, love, and empathy that they cannot wait to share with you. Our Restorative Care Team will be first in line to be your cheerleaders throughout this program and encourage you to follow the path that will lead you to restoration and stabilization.

## **What is the Restoration Home?**

- The Greenlight Operation Restoration Home is a group living home that offers free safe housing, individualized case management, coaching, transportation to medical, therapy, and dental appointments, and offers programming designed to help you heal and live independently. The duration and length of your stay at the restoration home will depend on you. The program is designed to be completed within 12- 18 months and that timeframe is managed based on the progression of programming goals and the needs to be addressed during your stay. This program is free of charge.
- What we offer at the Restoration Home:
  - Free safe and stable housing for up to 18 months.\*
  - Licensed counseling and trauma-informed care
  - Help to live a free and sober life.
  - Assistance with determining goals for your future and case management assistance to help you get there.
  - Support from coaches and staff.
  - Access to dental and medical care and transportation to those appointments.
  - Safe non-judgmental place to heal and recover.
  - Opportunity to gain employment skills and possible employment/on the job training while in our program.
  - Opportunity to decide on future goals, including educational goals and possibility to pursue that while in the program.
  - Opportunity to learn important life skills required to maintain stability after your completion of our program.

## **Policies and Procedures**

### **Phone Policy:**

- Upon arriving at the restoration home, we will ask you to fill out a safe contact form, and staff will be calling to assure these contacts are safe and appropriate. This process may take up to five days (longer if we are struggling to contact these individuals). After safe contacts have been verified, your phone will be wiped of all other contacts which will be kept in a list for you to receive should you want them after leaving or completing the program. For those days that you do not have your phone, should you need to use a phone in case of emergency or necessity, you can use our office phone under the supervision of staff.
- Phones will be “decked” when we are in classes or activities and overnight by storing them in the locked office. Should an emergency occur overnight, our staff can assist you and provide access to the office phone.
- There will be random phone searches by our staff to ensure the safety of everyone.
- We will also ask you to remove social media from your phone for the time you are in our program. This is done for everyone’s safety and to help in your healing process.
- No one will be without access to a phone, whether that is a personal phone or the office phone, but to maintain safety and focus within the program, boundaries are in place.

**It is important to recognize that all these measures are taken to assure the safety of every participant in the program as well as the staff members. We are not ignorant to the fact that all participants have come from different very unsafe situations and our number one goal at the restoration home is to provide everyone with a sense of safety and security.**

**Drug and Alcohol Policy:**

- We are a drug-free and alcohol-free facility. Most who come to us have struggled with addictions and we strive to provide an environment that promotes healing. Should someone in our program relapse, we will work with them to find resources to assist them outside of the program.
- We are unable to house those who are in active addiction and needing to detox. We will have participants attend recovery support groups as part of their recovery and restoration process.
- Before entering the program, you will be asked to submit a urine analysis to determine appropriateness for the program. Your admission to the program is dependent on a clean screen.
- Drug screens: There will be random drug screens; by coming to the program, you are agreeing to cooperate with these proceedings. They will be done with as much dignity and respect as possible.

**Smoking Policy:**

- The restoration home itself is a smoke-free environment, but we have a designated area for smoking outside.
- It will be expected that you do this in a respectful way, and you keep the designated smoking areas clean of any cigarette butts and/or ash. Ash trays are provided in those areas.
- There will be periodic breaks throughout the day for those who smoke.

**Visits and Leaving the Restoration Home Policy:**

- If you have children, we understand the uncertainty of being separated from them. During the first 90-days of the program, depending on the situation

and your progress; visits with children may be considered if applicable, but with supervision. This will be addressed on a case-by-case basis after determining your needs and safety.

- Leaving the restoration home for visits or other reasons - The restoration home and programming is designed to offer a safe place to call home for all participants and to help you with your healing process. The first 90-days of the program is designed to help achieve safety and stability in your life and in order to do so, it will offer a structured program with supervised times out of the home; for medical, dental, and therapy appointments, weekly shopping for groceries, outings for things such as equestrian therapy and other approved and safe events. We will provide transportation, and a staff member will go with you to assist. As you progress through the program and achieve your personal goals, there will be the opportunity to earn off-campus visits, both daily and building up to weekend stays off-campus. However, during the Breathe phase (first 90-days) of the program, you will not have access to these passes.

### **Bag and Room Check Policy:**

After every outing, staff will do a bag and personal belongings check to ensure safety in the home is maintained. This is something that staff, volunteers, and residents will be expected to do. Regular and random room checks will occur throughout your stay, but you will be able to remain at your doorway as it is being conducted in a respectful manner.

### **Frequently Asked Questions:**

- **Do I have to share a room:** Our home is able to house up to six women at a time, and we have three generous-sized bedrooms. You will share a room with one other participant.
- **Can I have my cell phone with me?** Our primary goal is to provide a safe place for you to heal and recover from the trauma you have experienced. We

recognize the dependence on your cell phone, and we also recognize the potential dangers phones can bring to yourself and the other women staying in the home. Please review our phone policy for more information on this matter.

- **Will I have access to do laundry?** We are fortunate enough to be able to provide you with onsite laundry and we supply all the necessary supplies to do your laundry.
- **Will I have access to transportation?** We have on-site transportation vehicles and drivers for outings, appointments and visits with approved individuals.
- **Will I have open access to food?** There are no restrictions in terms of access to food and non-alcoholic drinks. The restoration home will ensure that every participant is nourished. Part of the program will also include ensuring long-term stability in always having access to food. Case management will assist you in applying for benefits during your time in the program so that food security after graduating the program will not be in question.
- **Can I watch television?** Residents are allowed to watch television during times when activities/classes are not planned and during down time in the home.
- **Can I bring my pets (dogs, cats etc.)?** No, there will be a no pets policy within the home to accommodate the health restrictions and responsibilities of all staff, volunteers and participants. If you have a pet, we will work with you to find a pet foster home for while you are completing the program.
- **Can I work?** Part of the design of the restorative care program is to help you with job skills and employment as you prepare to graduate. Desired employment and educational opportunities will be discussed with your case manager. Efforts will be made to help you create a viable plan of action that

allows you to work safely and still participate in the program. We anticipate that most participants will not enter the program working, but if you are, we will talk through that during the intake interview.

- **Can I bring my own car?** If you have a car, it is encouraged that for at least the first 90-days you store it at another location. Greenlight Operation has reliable transportation for all residents for emergency and necessary travels. This can be evaluated on a case-by-case basis with the intake team if there are additional questions and/or concerns.
- **How much can I bring to the program (belongings)?** Storage within the dedicated spaces at the restoration home is limited. Residents may bring two standard size suitcases of belongings into the home. There is an onsite boutique with clothing, toiletries, shoes, and other items you may need while you are within the restorative care program. Additionally, there will be shopping outings, so no one is left without items they need.